

# Future Stars Format

Age Group Breakdown  
Game Format  
Roster Sizes  
Field Size  
Ball Size  
Number of Games and Practices  
Substitution Patterns  
Rules



### Age Groups (born between)

- U-4 8/1/2005 - 7/31/2006
- U-5 8/1/2004 - 7/31/2005
- U-6 8/1/2003 - 7/31/2004
- U-7 8/1/2002 - 7/31/2003
- U-8 8/1/2001 - 7/31/2002
- U-9 8/1/2000 - 7/31/2001
- U-10 8/1/1999 - 7/31/2000
- U-11 8/1/1998 - 7/31/1999
- U-12 8/1/1997 - 7/31/1998
- U-13 8/1/1996 - 7/31/1997
- U-14 8/1/1995 - 7/31/1996
- U-15 8/1/1994 – 7/31/1995

Age	Game Format	Preferred Roster	Minimum Field Size	Ball
U-4	3v3 no goalkeepers	6 players	30x22	3
U-5	3v3 no goalkeepers	6 players	30x22	3
U-6	4v4 with goalkeepers	8 players	30x22	3
U-7	4v4 with goalkeepers	8 players	30x22	4
U-8	4v4 with goalkeepers	8 players	30x22	4
U-9	6v6 with goalkeepers	10 players	60x45	4
U-10	6v6 with goalkeepers	10 players	60x45	4
U-11	8v8 with goalkeepers	12 players	60x45 (BCSC), 80x55 (PLEX)	4
U-12	8v8 with goalkeepers	12 players	60x45 (BCSC), 80x55 (PLEX)	4
U-13	7v7 with goalkeepers	10 players	60x45	5
U-14	7v7 with goalkeepers	10 players	60x45	5
U-15	7v7 with goalkeepers	10 players	60X45	5

- The program will run from Saturday, March 6<sup>th</sup> to mid May
- Weekend matches: ½ @ Bradford Creek and ½ @ the SoccerPlex
- The GRPD/PGSA reserves the right to combine age divisions and genders when appropriate and necessary.

### Games and Practices

- U-6 through U-12 will practice and play midweek (Tuesdays, Wednesdays or Thursday) and Saturdays for a total of 8 games.
- U4-U5 will play on Saturdays for a total of 6 games.
  - 2/23- Coaching Clinic – River Park North at 6:30 pm
  - 3/2 – Coaching Clinic – H. Boyd Lee Park at 7:30 pm
  - 3/6 – First Day and Practice
  - Week of 3/8 – Practice
  - 3/13 – Practice
  - Week of 3/15 – Practice
  - 3/20– First Day of Games - Pictures
  - Week of 3/22 – Practice
  - 3/27 – Games
  - Week of 3/29 – Practice
  - 4/3 – No Games Holiday
  - Week of 4/5 – Practices
  - 4/10 - Games
  - 4/17 – Games
  - Week of 4/19 – Games (U6-U12 only) / Practices
  - 4/24 – Games
  - Week of 4/26 – Games (U6 – U12 only) / Practices
  - 5/1 – Games, Conclusion of Regular Season
  - Week of 5/3 – Single Elimination Tournament (Ages U8-U15)

### Substitution Patterns:

Remember- Participation for All!

Substitutions are done on the fly for the younger age groups so time is not wasted. Remember that the clock runs during subs. We want as much playing time as possible for the kids!



Age	Duration of Game	Fouls	Off Sides	Corner Kicks	Penalty Kicks	Substitutions	Slide Tackling	Coach on Field
U-4	4 8-minute quarters	All indirect	No	Yes	No	Any Time During Play	Not Allowed	Yes
U-5	4 8-minute quarters	All indirect	No	Yes	No	Any Time During Play	Not Allowed	Yes
U-6	4 8-minute quarters	All indirect	No	Yes	No	Any Time During Play	Not Allowed	Yes
U-7	4 12-minute quarters	All indirect	No	Yes	No	Any Time During Play	Not Allowed	Yes
U-8	4 12-minute quarters	All indirect	No	Yes	No	Any Time During Play	Not Allowed	Yes
U-9	25-minute halves	By FIFA	No	Yes	Yes	At Any Stoppage	Not Allowed	No
U-10	25-minute halves	By FIFA	No	Yes	Yes	At Any Stoppage	Not Allowed	No
U-11	25-minute halves	By FIFA	Yes	Yes	Yes	At Any Stoppage	Allowed	No
U-12	25-minute halves	By FIFA	Yes	Yes	Yes	At Any Stoppage	Allowed	No
U-13	25-minute halves	By FIFA	Yes	Yes	Yes	At Any Stoppage	Allowed	No
U-14	25-minute halves	By FIFA	Yes	Yes	Yes	At Any Stoppage	Allowed	No
U-15	25-minute halves	By FIFA	Yes	Yes	Yes	At Any Stoppage	Allowed	No

- Each player is only permitted to play one quarter (U4-U8) or one half (U9-U15) as a goalie.
- Each player must play at minimum half the match. No player may play the entire game unless there are no subs.

## 1. Governing Rules

Play will be governed by FIFA rules with the following modifications. FIFA Laws of the Game can be found at [www.ussoccer.com/referees](http://www.ussoccer.com/referees). It is the responsibility of the coaches and referees to understand the modification for their age group or matches.

## 2. Equipment

- A. Shoes - Athletic shoes must be worn by all participants and must have a one-piece molded bottom. Shoes with metal cleats or hard nylon cleats will not be permitted. Shoes with cleats screwing into the shoe will not be permitted. Shoes with toe cleats (baseball) will not be allowed.
- B. Shin guards - ARE REQUIRED. NO SHINGUARDS-NO PLAY!
- C. Earrings & Piercings will not be allowed. THERE WILL BE NO EXCEPTIONS TO THIS RULE.

## 3. Start of Play

- A. For the kickoff, the ball is placed in a stationary position on the center spot. The referee gives a signal for the kick-off and a player of the team kicking off, and then takes a place kick.
- B. Opposing players must be outside the center circle and remain on their own half of the field until the ball is kicked.
- C. The ball must be kicked into the opponents half of the field during the kickoff.
- D. The kicker must not play the ball a second time on the kickoff until it has been played or touched by another player.

## 4. Ball In and Out of Play

- A. The ball is out of play when it has completely crossed the sideline or end line.
  - a. U4- U5 will put the ball back into play by a kick-in.
  - b. U6-U8 will put the ball back into play by a throw in. Violations will be called for incorrect technique and player will re-throw.
  - c. U9-U14 will put the ball back into play by a throw in. Violations will be called for incorrect technique.
- B. If the ball completely crosses either end line (except between the goalpost and under the crossbar) it is put back into play by:
  - i. Goal Kick if offensive team kicked the ball out of play
  - ii. Corner Kick if defensive team kick the ball out of play

## 5. Free Kicks

- A. Indirect free kick – are awarded for technical offenses. A goal cannot be scored directly from an indirect free kick. It must touch one player before a goal can count.
    - i. Indirect kick offenses: kicker playing the ball after they kick it off, free kick. Goal kick, fair charge on the ball when neither is playing the ball, obstruction, dangerous play, violating goalkeeper restrictions.
  - B. Direct free kicks – are awarded for penal offenses. A goal can be scored directly from the kick.
    - i. Direct kick offenses: kicking, striking, tripping, jumping at an opponent (or attempting these acts), handling, pushing, dangerous charging and slide tackling (if not allowed)
- U4-U8 players must be 4 yards from player that is taking the indirect or direct kick  
U9-U15 players must be 8 yards from player that is taking the indirect or direct kick.

## 6. Scoring

- A. One point is scored for the kicking team when the ball completely passes over the end line, between the goal post and under the crossbar.

## 7. Tie Game

- A. During the regular season, ties will stand. During the tournament Golden Goal will determine the winner. One overtime period will be played at half the time for one quarter or half. After one overtime period, a shootout will determine the winner.

## **8. Inclement Weather**

- A. Games shall be postponed when the Recreation and Parks Staff determines the fields as being unplayable. Referees, coaches and parents may call 329-4550 or go to [www.pgssoccer.com](http://www.pgssoccer.com) to check for cancellations of games. Please do not assume games are cancelled just because it has rained or is raining.

## **9. Ejections**

- A. Coach, 1<sup>st</sup> offense 1 game suspension, 2<sup>nd</sup> offense 2 game suspension
  - 1. League administrators have the right to in enforce a larger penalty if it is determined necessary.
- B. Player, a meeting will be schedule with parents to discuss penalty

